



EAGLE PRIDE PRESS

Volume 1 Issue 2

December 2018



Letter From the Editors ✂

As Editors, we welcome the second edition of Eagle Pride Press! We are so excited to announce the arrival of our new issue. Our writers have put an abundance of time and effort into it, and we couldn't be more proud!

Enjoy! Remember to stay tuned for future issues.

Creatively Yours, Eagle Pride Press Editors

"Gender Equality Today"

By: Shelley Parker and Carolina Solomon

"We hold these Truths to be self-evident, that all Men are created equal."

As emphasized in the constitution, everyone should garner the same opportunities and should not be denied such because of gender bias. This implies that men and women's ideas, beliefs, and aspirations are considered to be equal. For instance, when contemplating two people of opposite genders for a job, they will be considered equally and the more qualified option will be chosen. No person should be turned down because of gender, but fully due to of lack experience and/or qualification. However, this does not insinuate that women and men have to be identical. Both the male and female genders should still be free to act the way they prefer. Our thoughts and ideas should not be suppressed as a result of gender partiality. These actions should take place without viable trepidation of being treated adversely due to personal or individual gender discrimination.

There are a plethora of gender biases associated with a university and the workplace. Though it may seem impractical for us to endeavor to overcome these preferences in everyday life, we can prevent these behaviors from establishing themselves and progressing into habits. Through acting cautiously and ensuring we strive for a balance in every aspect of our lives, we will draw closer to it. Although, the question still remains: is it a reasonable belief that we can fully eliminate gender prejudice altogether? We believe no. Men and women will always be different: therefore, it is in our nature to have a preference. However, in an ever-advancing twenty-first century, where and men are more equal and empowered than ever before, it is crucial that we try.

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Quote of the Month:

"It is impossible to live without failing at something unless you live so cautiously that you might as well not have lived at all-in which case, you fail by default"-J.K. Rowling

Go to page 4 to see All County Band and Choir students!

Congraduate Laine O'Conner for making All State Band!

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Eagle Expression
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Ben O'Brien plays Augustus Gloop in "Willy Wonka Jr."

Ben O'Brien, was a leading actor in the play "Willy Wonka Jr." Managing school, the rehearsals, and showtimes was challenging, but Ben says, "It was worth it!"

Ben played Augustus Gloop, the fat boy, that ends up losing the opportunity to become the heir to Willy Wonka's Chocolate Factory when he cannot resist eating the chocolate. On the last performance, Ben literally fell into a chocolate river and loved it!

Ben acted in 12 performances of the play on Sanibel, and says, "The drive was over 30 minutes each way, and sometimes he would not get home until 11:30 at night!" Despite the rigor of keeping up with school and the play, Ben is eager to do another play soon; it is his passion, and he loves acting!



Mr. Landau is Selling Christmas and Hanukkah Ornaments!

Here are the Holiday Prints; holes are printed so they can be hung as ornaments. This is the perfect gift for the relative who has everything.

Christmas trees cost \$2.00 each
Snowmen cost \$1.00 each

He will be taking orders for the items below.

Star of David cost \$1.00 each
Menorah cost \$1.00 each
Dreidel cost \$1.00 each





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Eagle Expressions
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Riusuke Fukahori: Goldfish or Painting?

Riusuke Fukahori is a contemporary artist most commonly known for his 3D paintings of goldfish. Fukahori began to paint his goldfish after the “Goldfish Salvation” incident.

One night, he had hit a low point in his inspiration and caught sight of a goldfish that he had won in a game of Kingyo-sukui, or goldfish scooping, at a Japanese Matsuri, or street festival. He had abandoned this goldfish for seven whole years, and it was somehow still alive when he found it again. Since then, Fukahori’s main subject in his art is either a single goldfish or a glint (group) of goldfish. He claims that the goldfish not only brings out a person’s motherly instinct but also represents our own vulnerabilities. The evolution of goldfish and the question of “What is a goldfish” fuels his inspiration and drives him to create more art.

In order to create the illusion of actual goldfish, Fukahori must spend a long time on each of the masterpieces he creates. To begin, Fukahori pours a thin layer of resin into a container. Once it dries and hardens, he paints a thin part of the goldfish using acrylic paints. Once the paint is dry, he repeats the process with pouring a layer of resin and painting it, building each layer of resin up until he has created a 3D render of swimming goldfish. Once he has completed the process of building up the resin layers, he can move the piece into its presentation container (Usually a wooden cup or bowl). It’s a long and difficult process but is most definitely worth it in the end.

Fukahori’s works create a whole new idea of 3D painting and realism, and it even leaves some people questioning whether or not his works contain actual goldfish that have been frozen in resin instead of the careful painting of Fukahori. As Fukahori slowly climbs the ladder of fame, people every day are inspired by his ideas. Soon enough, Fukahori may be a name that is commonly heard in the art universe.



6th Grader, Jayda Bonilla-Mas, Featured Artists In The District’s Holiday Greeting Card Contest



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All County Band and Choir From PLDMS 2018

Mr. Murrell and Mrs. Lamrani

Flute:

Natalie Paul
Peyton Rosenthal
Lauren Dumas



Trumpet:

Laine O'Connor
Joseph Higginson



Trombone:

Samuel Higginson
Shelley Parker



Oboe:

Kareema Colson
Anna Mudgett

Euphonium:

Angie Castillo-Rivas

Clarinet:

Matthew Bennett
Sierra Paul
Carolina Solomon
Philip Eastlund



Tuba:

Cooper Petel
Angel Avila



Alto:

Jacob Gelman



Percussion:

Kai West

French Horn:

Frankie Schillinger
Andrea Aragon-Lopez
Autumn Rhodes
Shayne Higginson



Choir

Aubrey Barnhouse
Casey Barriet
Jasmine Cosby
Emma Justice
Cayden Pacheco
Darren Plaza Perez
Janelliz Vazquez



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Algae Apocalypse

By: Catherine Daly

Florida struggles from a major environmental predicament that is affecting the whole state from sea animals to businesses. It's called green algae. So, what are green algae? Green algae are any division of green colored algae that thrive in freshwater. In Florida, most of our water is brackish or salt. So how did the freshwater find its way into our waters? The answer lies in one of the biggest money-making companies out there, Big Sugar.

"The article "Democrats Slime Big Sugar for Algae Blooms at Debate" proves this by stating, "Big Sugar, however, was blamed for being at the root of the nutrient pollution feeding slimy algae blooms in Lake Okeechobee and the Caloosahatchee and St. Lucie River watersheds." Big Sugar is one of the main sugar farms in the country. At 60,000 acres, it is also one of the biggest. Want to know how they keep all those plants alive; they use A LOT of fertilizer. Not just one or two bags, but as the article "Mid-South Fertility" states," 4500000 pounds of it.

"Now let's backtrack 100 years. Back then the water flowed through the Everglades, into Lake Okeechobee and out through the Florida Bay. To make the Farmlands for big Sugar we had to take the excess water and bring it out to the east and west coast. Now back to big Sugars fertilizer. Over the years the fertilizer from Big Sugars farms found its way into Lake O. causing the waters to become polluted with toxic sludge. As if it wasn't bad enough, the toxic waters of Lake O started to overflow. This caused the government to come to a conclusion that would change the life of Floridians for a long while. They let the water flow into our lakes, oceans, and

rivers making the nightmarish toxic sludge a reality.

Now that you know what green algae are you may be asking, why is this such a big deal? The truth is algae affects us more than just green colored water. It can have extremely negative effects on animals and humans alike. The article, "The Toxic Tide" states, "The blooms can poison marine animals like sea turtles and manatees, while waves and ocean spray can carry toxins into the air and cause respiratory problems in people." When I go to the beach, every step I take I see dead fish and other animals littering the shoreline. There have even been dead dolphins washed up on the shore.

Unfortunately, not only sea animals are being affected by the water; a dog in St. Lucie River died because he drank water from a river. Coincidence? I think not. People as well are being affected by more than just respiratory problems; a scientist has claimed that the algae could cause diseases in humans. WPBF News states, "Our experiments seem to show that exposure to the toxic blue-green algae may lead to diseases like Alzheimer's and Lou Gehrig's Disease, also known as ALS," said Dr. James Metcalf, a senior researcher at Brain Chemistry Labs." ALS, in short, is a disease that weakens muscle and impacts physical function. Health is not the only thing that the algae are affecting. It is also causing businesses around the beach area to die down or go out of business. This is happening because it would not be realistic to suggest that customers come out to face the lethal toxins in the air or water as the article, "The Toxic Tide" states.

Algae in the state of Florida is a dangerous environmental problem that is consequential to animals and humans alike. There is only one more question about it to answer... how can it be fixed.

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Hanukkah

By: Ron Shlomi



Hanukkah, or the Festival of Lights, is a holiday observed by Jews. It is celebrating the freedom of the Jews from the Assyrians during the Judeo-Babylonian War. Specifically, the Jews only had enough oil to light one candle for the temple on the Menorah. Miraculously, the oil lasted for eight nights and eight days. This miracle is a key part of the celebration of Hanukkah.

Additionally, on Hanukkah, Jewish people light nine candles instead of the traditional eight. The extra candle is called the shamash, and it is lit along with one other candle on the first night of Hanukkah, and during that time, prayers are recited from freedom from the Assyrians and other prayers associated with symbols of Hanukkah. Each night after that, we light one more candle.

Some symbols of Hanukkah include the dreidel, latkes (potato patties), sufganiyot (jelly filled donuts), and other fried treats which symbolize the oil miracle at the temple. Another ritual of Hanukkah in America is gift giving.

Sometime during the celebration, parents and kids are expected to receive presents from each other. The presents do not have any specific theme, Hanukkah usually comes close but before Christmas. Presents, during Hanukkah, are supposed to be given out each night when one more candle is also lit until the end of the holiday of Hanukkah.

For celebration in America, American Jewish people may or may not go to the temple, but they still go to school (since Hanukkah is not an official holiday in America), and eat fatty treats such as the potato patties mentioned above and the fried, jelly-filled donuts that are also a tradition along with

the latkes.

In Israel, schools might give days off to spend time with their families during the holiday in addition to the Saturday that Israelis get off because of the sabbath. In both places, Hanukkah is a holy holiday and is a major celebration for all Jews to enjoy.

Kwanzaa

By: Brian Goi

Kwanzaa is a week long holiday honoring African culture and traditions. It falls through December 26 and January 1.

Maulana Karenga, an African-American leader, proposed this observance and it was first celebrated between December 1966 and January 1967.

Kwanzaa is not a religious holiday, nor does it replace Christmas.

At this time of great social change for African Americans, Karenga sought to design a celebration that would honor the values of ancient African cultures and inspire African Americans who were working for progress.

Kwanzaa is based on the year-end harvest festivals that have taken place throughout Africa for thousands of years. The name comes from the Swahili phrase "matunda ya kwanza" which means "first fruits of the harvest." Karenga chose a phrase from Swahili because the language is used by various individuals throughout Africa.

Kwanzaa's 7 principles are unity, self, responsibility, cooperative economics, purpose, creativity, and faith. These seven days of Kwanzaa is dedicated to each of the seven principles. About 28 million people celebrate Kwanzaa today. It is a way to get together with family and have a great feast.



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Cool/Weird Sports

By: Braden Flynn

Many of you enjoy watching or playing sports like soccer, baseball, football, or basketball. Some of you might even play sports like golf or swimming. And while all those sports are loads of fun, they are also pretty normal. What if I told you that there are sports such as extreme ironing or bog snorkelling? That would be pretty interesting right?

Pretty much all of you have been snorkeling before whether that's in the ocean or a lake or a pool. But have you ever been bog snorkelling? It is a sport usually played in peat bogs where two people compete to be the first one to find hidden objects and once they find it... they must be the first to the other side. Now... onto the next oddity.

Have your parents ever made you iron clothes? Did you have to iron them on a cliff or skydiving off an airplane? Extreme ironing came into existence by Tony Hiam in 1980, near Settle in the Yorkshire Dales National Park, England. Inspired by his eccentric brother-in-law, John Slater, who ironed his clothes even when camping in a tent, Tony illustrated the futility of unnecessary ironing by doing it in bizarre situations such as mountain-lookouts, crowded airport departure lounges, on top of telephone kiosks and inside charity clothing bins! Pretty cool huh? well i've got a pretty cool sport coming up next.



Many of you probably like playing basketball, volleyball, or soccer. Well, the sport bossaball combines it all. Bossaball is a team sport that originated in Spain and was conceptualized by Belgian Filip Eyckmans in 2005. Bossaball is a ball game between two teams combining elements of volleyball, football, and gymnastics with music into a sport. It is played on an inflatable court featuring a trampoline on each side of the net. During a rally, the ball is tossed around while the attacker jumps on the trampoline in order to gain height. The attack begins when one of the rallying players aims the ball's trajectory towards a spot in the air where the attacker can hit it (spike or kick) and returns the ball over the net.

Are You Recycling Right?

By: Lenz-Youri Felix

We all know what recycling is; we all think we do it the right way, but chances are... we aren't. There are many rules, so let's see how many of them you have been following. We do not need heaps of garbage to keep growing larger, so here is what you need to know to recycle RIGHT!.

Do not recycle these: Any glass contaminated with stones, dirt, and food waste.

Ceramics, such as dishware, ovenware, and decorative items. Heat-resistant glass. Mixed colors of broken glass. Metal or plastic caps and lids or window glass.

Do Recycle these: Rigid Plastics. Any plastic bottles or containers found in your kitchen. Paper and Cardboard. Cereal/snack cardboard boxes. Metals. - Tin, aluminum, and steel cans. Glass. - Food containers or jars. Loose Plastic Bags. Plastic shopping bags. Polystyrene Foam Cups or Containers. Soiled Food Items.



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Red Ribbon Week Winners

Place One: Ella Mayer

Place Two: Bhavika Agarwal, McKenzie Thompson, and Giovanna Sotha

Place Three: Danilo Ibarra and Christina Sanchez

Red Ribbon Essay Contest

Chris Carberry
Amariya Mauel

2018 Florida State Poetry Contest

Last Year, students in Advanced Communications competed in the Florida State Poetry Contest. We are proud to announce that 3 of our 6th-grade students from Paul Laurence Dunbar Middle won 2nd place, 3rd,

place, and 2nd honorable mention.

Robbie Stewart won second place with his poem, "A Drizzly Night on the Streets, John

Stamatopoulos

won third place with his poem, "How the Flowers Live and Alex Sarah won 2nd

Honorable Mention.

Congratulations, students!

The published book of poetry, Cadence, is now available.

National U.S.A. Poetry Contest Published Students

Many students from PLDMS were published in a book called Futures in the "American Literature Library." It is available for purchase.

Published Students From PLDMS

Emerson Black

McKenzie Gallagher

Anna Mudgett

Autumn Rhodes

Alexander Sareh

Summer Shedd

Molly Wilson

Congratulations Laine O'Conner On Making All- State Band!





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November's Newspaper Challenge Winner

1st: Lorelai Witenko

2nd: Jakob Musich

3rd: Joshua Yue

Stop by Ms. Rose's class to claim your prize.



Don't Stress the Test

By: Alexa Hoch



Whenever you hear the word "test," does your stomach churn? Don't worry, this is normal.

I am here to help.

Would you believe me if I told you talking to your friends or listening to music beforehand can help you feel less stressed in the long run? Well, this is actually true. Talking helps people burn off some steam which means you will be more relaxed when the time comes for you to buckle down and take the test. Not only does this talking help you lose some packed in energy, but talking can take your mind off of the stressful situation... the same holds true with listening to music.

Take a breath. Did you feel how your body tenses up and then relaxes? Did you smell any particular smells? When you breath in, your body tenses, and when you breathe out, your body relaxes; this helps you get rid of your extra energy. One well known technique is taking a breath in for 4 seconds, holding it for 7, and breathing out slowly for 8. When you breath in, your sense of smell is triggered, and there are certain scents that can help you calm down. For example, one of the more well known relaxation scent is lavender. This scent appears in most stress relief combinations. Or, you can find a smencil you like, and you can smell that when you get nervous during the test.

The next time you hear the word "test" don't freak out, use these techniques to help you feel more at ease. Some of these thing you do in your everyday life like, talking to your friends or listening to music, breathing deeply, or smelling your favorite scents are tricks to use. Now... you just need to remember to use them! Will you?



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Bus Driver Struggles By: Odchie Alverna



School is hard, right? I think we all can relate, but what about our bus drivers? Driving a school bus is a very difficult job, but if you add the constant screaming, the heavy bus that you drive all over Fort Myers, and sometimes no AC, that makes it even worse! It really gets you thinking that their job is difficult, but what specifically makes it so difficult?

What about when there's constant yelling and screaming from a bunch of kids or just a little group who is just a tiny bit more challenging? Or when you wake up late, and that one mistake could cost your "high paying" job! Yes, this is what bus drivers must go through almost every day. If only we could help. OH WAIT! We can! Today we have Bus Driver #2877!

First off what are the requirements to become a Bus Driver? According to Bus #2877, you have to take and pass the following: an airbrake, school bus, and passenger & general knowledge test! " If you don't know what any of these tests are, here are some links of the ACTUAL study guides some Bus Drivers have used. [Air Brake Test Study Guide](#) [Passenger & General Knowledge Study Guide](#). I know we complain about the tests we take, but look at the tests they HAVE TO pass just to get this "high paying" job! But wait, there's more! They also have to take a district class, pass a CDL class, AND a skills course. Now that's a hand full! Next time I think we all agree to not complain about our tests! I know I have been getting deep into how bad this is, but there are good things about it. For example, one of the Bus Driver said that their favorite part of this job is having a bond with her kids and helping the kids in any way they can. It also makes them feel good when it is a problem-free. They feel relaxed or calm. WHO DOESN'T WANT TO FEEL RELAXED? All those struggles seem worth it in the end, but those amazing moments might change sometimes...

Let's get back to reality for a bit. Picture this: you have all these kids on the bus, and they are really loud (or just do something that pushes your buttons). You responsibly report it to the school and the school doesn't ever come back with a resolution or take any act in discipline. That's Crazy! You act mature enough to report to the school, and they don't give you a response! This is what Bus Drivers must go through almost everyday, and they don't even get credit or barely an money. These are the real struggles we take for granted they need more respect and appreciation!

Good thing we can help! Majority of the Bus Drivers said all you need to do to make them happy is the basic: remain seated, use inside voices, and keep all personal belongings with you at all times. This is super easy and shouldn't be a hard task for any student.

In conclusion, these Bus Drivers would like to say, "They love all kids and they would love for all kids to succeed, the job gets hard at times but they enjoy it and enjoy the time spent with you."

Do you want to see the tests?



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Guide to Become a Better Student

By: Gabriel Okonski

Do you want to be a very successful student at Dunbar Middle School? Follow my tips and tricks to get good grades, and be noticed by your teacher!

Specifically, good grades are most important. In order to accomplish this, you will need to pay attention in class and work hard. What I mean by this is: study before tests, and instead of talking to friends during a lesson, pay attention. I also recommend taking notes. This way, you have written it down as a great way to memorize, and you can read it later on, if necessary. "7 Reasons Why Taking Notes Is Helpful" wisely informs, "Taking notes gives you the opportunity to highlight key points and details that might otherwise slip your mind, and you never know when these fragments of knowledge will come in handy!" These are easy ways to get outstanding grades.

Another useful way to be more successful is by setting realistic goals. The article, "How to Be a Better Student" describes, "If you set concrete goals for yourself, it's easier to become motivated and measure your success in those goals."

It is important to set your own goals so that you can keep track on how you are doing in a class, and can stay motivated.

In addition, making sure that you are getting good rest is always important. "How to Be a Better Student" expresses, "If you're awake and alert, you're certainly more likely to absorb information given in class, during study sessions and in class activities and participation." As a student, you should want to study and get all As. In order to study, you need to pick up information you are learning. Getting good rest every night and eating a nice, healthy breakfast helps to wake you up, so you can accomplish your daily tasks.

The last tip is you never want to wait until the last minute and try to study for your test later. The author of "How to Be a Better Student" mentions, "Whatever you do, DO NOT wait until it comes time to study for the [test]." Have you ever waited last minute to study? Once, I did, and it was not fun! My score was very low which shows how important it is to study ahead of time, and be the one to Ace it!

Those are my tips and tricks to becoming a very good student. If you find them useful, then go out and use them! I use these, and I have an A+ in most of my classes!



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Eagle Entertainment

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Riddles And Jokes

By: Aryan Iyengar

What is a snowman's favorite cereal?

I can be cracked, I can be made. I can be told, I can be played. What am I?

What has 12 faces and 42 eyes?

My goal is to have \$12. If I save \$1 a month then it will take me 12 months to save \$12. If I save \$2 a month then it will take me 6 months to save \$12. What if I saved \$1.50 each month? How many months would it take me to save \$12?

Five men went into a church in the pouring rain. None of the men had an umbrella but one man did not get wet. How is that possible?

Two men are playing chess. They play five games. Each man wins three games. How is that possible?

You throw away the outside then eat the inside. Then you throw away the outside and eat the inside. What is it?

Two men had lunch together and order iced teas to drink. One man had five during lunch while the other man had only one. All of the drinks were poisoned. The man that had only one drink died but the man that had five drinks survived. How can that be?

[Click Here For
Joke Answers](#)

HA HA HA!

Mad Lib Classroom Code: 271s18

Enter our Mad Lib Contest!

The one that makes us laugh most wins!





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Credits

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